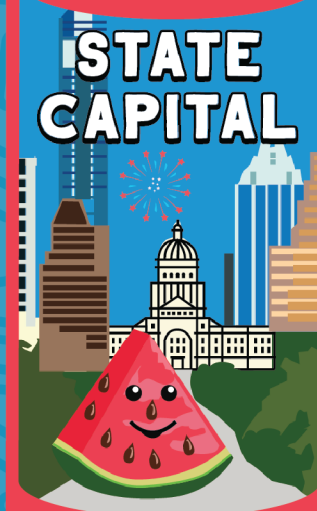


# Boys and Girls Club Summer Lunch & Snack

# JUL

## MENU 2024

# STATE CAPITAL



### ANNOUNCEMENTS:

1% White Milk & FF Chocolate Milk offered with each meal.

Water offered at no charge at each meal.

Meals subject to change based on availability.

## MONDAY

1 Cheeseburger  
Fresh Sandwich Trimmings  
Tater Tots  
Strawberry Cup  
Fresh, Sliced Apple

### Snack

Cheez It Crackers  
Berry Breeze Capri Sun

## TUESDAY

2 Pepperoni Pizza  
Seasoned Fries  
Green Beans  
Marinara Sauce Cup  
Fresh, Sliced Orange  
Pear Cup

### Snack

Mild Cheddar Cheese Cubes  
Apple Juice Capri Sun

## WEDNESDAY

3 Breaded Chicken Drumstick w/Roll  
Fresh Cucumber Slices  
Curly Fries  
Diced Peaches  
Fresh, Sliced Watermelon

### Snack

Bug Bite Cinnamon  
Graham Crackers  
Berry Breeze Capri Sun

## THURSDAY



**CLOSED**

## FRIDAY



**CLOSED**

8 Beef Taco Stick  
Charro Beans  
Salsa Cup  
Fresh Side Salad  
Strawberry Cup  
Fresh, Sliced Apple

### Snack

Chocolate Elf Graham Crackers  
Berry Breeze Capri Sun

9 Personal Cheese Pizza  
Roasted Jalapeno Corn  
Green Beans  
Fresh, Sliced Orange  
Pear Cup

### Snack

Cheddar Goldfish Crackers  
Apple Juice Capri Sun

10 Pulled Pork Sandwich  
Fresh Cucumber Slices  
Tater Tots  
Mixed Fruit Cup  
Fresh, Sliced Watermelon

### Snack

Pretzel Goldfish  
Berry Breeze Capri Sun

11 Hamburger  
Fresh Sandwich Trimmings  
Sweet Potato Fries  
Fresh Strawberries  
Applesauce Cup

### Snack

Strawberry Nutri Grain Bar  
Apple Juice Capri Sun

12 Turkey Ham & Cheese on a Hawaiian Bun  
Ranch Doritos  
Fresh Sandwich Trimmings  
Fresh Baby Carrots  
Fresh, Sliced Apple  
Peach Cup

### Snack

Half Popped Salsa Popcorn  
Berry Breeze Capri Sun

15 Cheeseburger  
Fresh Sandwich Trimmings  
Curly Fries  
Strawberry Cup  
Fresh, Sliced Apple

### Snack

Cheez It Crackers  
Berry Breeze Capri Sun

16 Chicken & Corn Rice Bowl  
Green Beans  
Fresh Side Salad  
Fresh, Sliced Orange  
Pear Cup

### Snack

Mild Cheddar Cheese Cubes  
Apple Juice Capri Sun

17 Chicken Fried Steak w/Roll  
Fresh Cucumber Slices  
Fresh Grape Tomatoes  
Mashed Potatoes  
Four Fruit Mixed Cup  
Fresh, Sliced Watermelon

### Snack

Bug Bite Cinnamon  
Graham Crackers  
Berry Breeze Capri Sun

18 Black Forest Ham & Cheese Sandwich  
Fresh Sandwich Trimmings  
Fresh Baby Carrots  
Ranch Doritos  
Fresh Strawberries  
Raspberry Applesauce

### Snack

Cocoa Puffs Cereal  
Apple Juice Capri Sun

19 Grilled Cheese Sandwich  
Buffalo Ranch Fava Crisp  
Sweet Potato Fries  
Berry Blast Slushie  
Fresh, Sliced Apple  
Peach Cup

### Snack

Vanilla Chatsnax Graham Crackers  
Berry Breeze Capri Sun

22 Popcorn Chicken Smackers w/Roll  
Green Beans  
Seasoned Fries  
Strawberry Cup  
Fresh, Sliced Apple

### Snack

Chocolate Elf Graham Crackers  
Berry Breeze Capri Sun

23 Stuffed Pepperoni Pizza Pocket  
Marinara Sauce  
Roasted Corn & Jalapeno Blend  
Fresh Side Salad  
Fresh, Sliced Orange  
Pear Cup

### Snack

Cheddar Goldfish Crackers  
Apple Juice Capri Sun

24 Cajun Chicken & Cheesy Pasta w/Roll  
Fresh Cucumber Slices  
Fresh Grape Tomatoes  
Tater Tots  
Mixed Fruit Cup  
Fresh, Sliced Watermelon

### Snack

Pretzel Goldfish  
Berry Breeze Capri Sun

25 Hamburger  
Fresh Sandwich Trimmings  
Curly Fries  
Fresh Strawberries  
Raspberry Applesauce

### Snack

Strawberry Nutri Grain Bar  
Apple Juice Capri Sun

26 Pulled Pork Sandwich  
Buffalo Ranch Fava Crisp  
Sweet Potato Fries  
Berry Blast Slushie  
Fresh, Sliced Apple  
Peach Cup

### Snack

Half Popped Salsa Popcorn  
Berry Breeze Capri Sun

29

# Summer Break

30

31

### Serving times:

Lunch: 11 am – 12 pm

Snack: 3 pm – 4 pm



Food and Nutrition Division  
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER

This product was funded by USDA.  
This institution is an equal opportunity provider.



Updated 7/1/2024  
www.SquareMeals.org